

SAFETY NOTICE

Cloth and Non-Cloth Mask Use

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Category: Occupational Health

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GUIDANCE FOR CLOTH & NON-CLOTH FACE MASKS

The Centers for Disease Control recommends wearing masks in public and work settings when physical distancing cannot be maintained. The use of masks in public and work settings will help to slow the spread of the virus and help people who may have the virus and do not know it from transmitting to others.

WEARING AND CARE OF FACE MASKS

- Wash hands prior to placing and after taking off mask.
- Mask should fit snuggly but comfortably against side of the face.
- Secure mask with ties or ear loops.
- Avoid touching your eyes, nose and mouth with unwashed hands and minimize touching the mask while in use.
- Mask should allow for breathing without restriction.
- Allow mask to air dry in between uses.
- Mask can be stored in a paper bag to prevent contamination.
- Cloth masks should be washed routinely; especially when wet or soiled.
- Non-cloth masks should be discarded when wet, soiled, or damaged.

POINTS TO KEEP IN MIND

- Masks are used to protect other people in case you are infected.
- Maintain 6 feet of physical distance between yourself and others. Masks are not a substitute for physical distancing.
- Wash your hands often with soap and water for at least 20 seconds or use of hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces like doorknobs, phones, handles, counter tops, light switches, toilets and faucets.
- Do not share masks.
- Stay at home if you are sick.

Feel free to distribute this notice as appropriate.

All safety communications can be found at https://riskmanagement.nd.edu/communication/safety-communication/