### FALL HAZARD ASSESSMENT

#### PART I: GENERAL INFORMATION

<table>
<thead>
<tr>
<th>Building Name:</th>
<th>Specific Location/Equipment:</th>
<th>* Person Performing Assessment:</th>
<th>Date:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(e.g. air handler #1; 2nd floor north hatch)</td>
<td>* Assessment to be performed by competent person</td>
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</table>

#### PART II: HAZARD IDENTIFICATION

1. **What is the method of access?**
   - Stairs
   - Fixed Ladder
   - Portable Ladder
   - Ship’s Ladder
   - Other

   *All “Yes” answers must be addressed in Part III*

2. **Is access point within 15’ of an unprotected edge?**  
   - YES  
   - NO

3. **Could the employee approach within 15’ of an unprotected edge?**

4. **Does the task expose workers to a fall of 4 or more feet?**

5. **Exacerbating Factors**
   - Low Light
   - Trip Hazards
   - Exposure to High Winds
   - Slippery Surfaces
   - Protruding Objects
   - Floor Openings
   - Sloping Surfaces
   - Unstable Surfaces/Footing
   - Skylights
   - Other

#### PART III: HIERARCHY OF CONTROLS (from most to least preferred)

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
<th>COMMENT / DESCRIPTION</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td><strong>ELIMINATION:</strong></td>
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<tr>
<td></td>
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<td>Can the work be relocated to a non-fall hazard area?</td>
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<td><strong>PASSIVE MEASURES:</strong></td>
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<td>Can engineering controls be put in place?</td>
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<td>(guardrails/parapet – must be 42” +/- 3”, scaffolding with guardrails)</td>
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<td><strong>FALL RESTRAINT SYSTEMS:</strong></td>
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<tr>
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<td>Can positioning systems be used to restrict range of movement to prevent fall?</td>
</tr>
<tr>
<td></td>
<td></td>
<td>* Training required</td>
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<td></td>
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<td><strong>FALL ARREST SYSTEMS:</strong></td>
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<td></td>
<td>Can personal fall arrest systems be used to stop a fall after it occurs?</td>
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<td>* Training AND rescue plan required</td>
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</tbody>
</table>

**Fall Height:**

**Fall Arrest Stopping Distance:**

*Stopping Distance must be less than Fall Height*

ID Tie-off Points/Equipment (must be at least 5000 lbs)

**If you answer “No” to the first four methods of control, contact RMS for assistance in mitigating the hazard(s).**
PART IV: WORK AREA DIAGRAM

Draw a rough sketch of the work area to include:

- Access point/route
- Fall hazards (unprotected edges, holes, etc)
- Equipment working on
- Anchor points

Part V: RESCUE PLAN (only if using PFA)

* A copy of this plan must be provided to NDFD for review prior to the activity. If necessary, NDFD will contact the competent person to discuss and validate the plan.