

## SAFETY ALERT

Campus Incident—Trip & Fall

RISK MANAGEMENT & SAFETY

**Event Date:** 

November 2018

**Category:** 

Slip, Trip, Fall

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## **Incident Description**

An employee tripped, fell and suffered a head injury after tripping on a pile of snow. The employee was transported to the hospital, treated and hospitalized for three days as a result of the injury.

## **Findings**

The fall occurred when the employee caught his toe while walking through a snow-covered median between a road and parking lot.

## What Can You Do to Prevent Winter Injuries

- Wear sturdy, non-slip footwear or boots to improve traction and reduce the chances of a slip and fall.
- Don't take shortcuts. Only use sidewalks and pathways that have had snow removed and been treated for ice.
- Hold on to the car door when exiting and entering a vehicle.
- Take shorter, more deliberate steps when walking on slippery surfaces, and keep hands free to improve balance.
- Report areas in need of attention to Landscape Services at 631-8021 or 631-8888 after business hours.
- For additional information regarding winter safety click here for a recent article published in ND Works.